## MARCH-APRIL2023

### ADAR-NISSAN-IYAR 5783



# **Coming Events**

Thursday, March 2, at 4:15 Hamantaschen making for children, telling the story of Purim, and other fun activities.

Saturday, March 4, Gala Adult Purim Party! At the Shul 7pm-11pm. Enjoy Dancing the music of Ed Rinehart, Unique Purim play, wine and snacks.

Tuesday, March 7, at 6:30pm; Reading the Megillah, at Carol Rosenberg's home 510 Jones St. Ukiah. Call 707- 463-8526 for info.

Saturday, March 18, Torah Service with Paige followed by Torah study at 1:00. Please remember we need ten participants in person or on line. Please bring lunch to share.

Sunday, March 19, 2:00p.m. Feeding the Hungry at Plowshares. Call Dan Hibshman 707- 462-7471 to volunteer.

Friday, March31, Shabbat Service with Paige

Saturday, April 1,10.00am Torah Study with Paige.

Sunday April 9, 4:00 pm. Pesach Seder led by Mia Zimman at the Shul. To register and receive you food assignment call Janae707-354-2035

Friday May 12, potluck supper at 6:00 Shabbat Service service with Riv at 7:00pm Saturday,

Saturday May 12, Torah Study with Riv at 10am

May 27, Bat Mitzvah of Serafina Rosen; more info to follow.

# Purím!

Looking forward to seeing all of you at the KHE Purim party March 4, 7-11 pm at the Shul

### Pesach!

See pages 4-5 for information concerning KHE Seder at the Shul, Sunday, April 9th, at 4:00 p.m.. (call Janae Stephens to reserve a seat and get your food assignment.

707-354-2035



# Portion of the Week and Holidays

March 4 -T'tezavveh-Exodus

March 11 -KiTissa-Exodus

March18 - Vayak, hel-Pekuder-Exodus

March 25 - Vayikra-Leviticus

April 1 -Tzav-Leviticus

April 5 - Erev Pesach

### April 6-13 Pesach

Apri 8-Chol Hamoed

April 15- Shemini

April 22 - Tazria-Metzora

April 29 - Acharei-Kedoshim

# Opportunities for Tzedakah

**Kol HaEmek** (the Voice of the Valley) is funded by your member dues as well as your generous contributions to a of funds including

- 1) Building Fund
- 2) Religious School Fund
- 3) Scholarship Fund
- 4) General Fund
- 5) Honoring and Remembrance Board
- 6) Tzedekah Fund
- 7) Rabbi's Discretionary Fund
- 8) The Marion and Sanford Frank Fund for feeding the hungry in Ukiah and Willits
- 9) Mazon -a Jewish Answer to Hunger

Call: David Koppel, 485-8910

### send checks to:

Kol HaEmek, P.O. Box 416, Redwood Valley, CA 95470

### We Remember:

Betty Wolf March
Dottie Marans March1

Paul Rothchild March 3 Adar 29

Mildred Rosen March 4

Martha Waldman Kowarsky Marc4, Adar 11

Ann Barr March
Carrie Hamburg March 4
Isaac Mandel March 6

Rose Cohen March 6, Adar 26

Beatrice Hech March7, Nissan 22

Walter Browne Parker March 1
Bill Roberts March14

Samuel Johoshua Cole March 2

Glenn Star March 22 Bessie Dale March 29,

Samuel Orton March 30

Michael HaKohen Selah-April

Regina L.Klayman April
Dorothy Waterman April

Nanette Tver April 1

Allen Micah Rosenberg April 1

Sidney Epstein April 1
Patricia Mary Tysoe April 3

Edward Sessler April 7

Sanford Samel Elberg April 8

Joan Bistrin April 10

Saul Ginsburg April 13

Leah Frankle March 16, Nisan7

Allen Dale April 17

Milton Coren April 7 ,Nisan 25

Irving Batz April 18
Rose Cecelia Ray April 21
Arthur B. Miller April 21
Nathan Pelner April 22

### A HANDFUL OF SAND

The sun rose

The rain fell

Mountains stood tall

Rivers flowed below

The sun rose

The rain fell

Mountains became the land

Rivers joined the sea

Life emerged

Populated all

The sun rose

The rain fell

Civilizations came and went

Distrust created conflict

Missiles soared

Bombs exploded

The sun rose

The rain fell

And we are now

The sun and the rain

And even, a handful of sand

David Vilner

# Donations to Kol HaEmek for December and January Thank you!

Judith M Corwin

Judith Fuente and David Nelson

Jay Joseph and Jennifer Joseph

Nancy Bertsch

Carol Park and Steve Park

Vicki Paterson

Elizabeth Raybee

Karen Rifkin

Norm Rosen and Karen Peretti Rosen

Eva Strauss-Rosen

Janae Kraus Stephens

Barbara Waugh and Ernie Waugh

Leon Springer and Nancy Marotta Springer

Darline Bergere and Josh Bergere

Andy Coren and Yvonne Coren

Sherrie Ebyam

David Vilner

Joel Cohen

Michael Nemeth

All good wishes for healing to Vicki Patterson.

All good wishes for healing to Nancy Merling.

All good wishes for a speedy recover to David Kopple.

Lee Wacht we miss you, wish you good health.

### **Kolha Emek Board Announcements:**

The Kol HaEmek Board of Directors and Community wish to thank Barbara Stanger serving Kol HaEmek as a member of the Board.

As of the February Board, meeting the Board welcomes two new members, Janae Stephens and Michael Nemeth.

Janae has served Kol HaEmek for many years as coordinator of Pesach Seders and as leader for Tashlich Services at Lake Mendocino.

Michael has volunteered to re-start children's activities and Shul school.

### Passover 5785 Kol HaEmek

### Dear Chaverim,

This year we are once again making a conscious decision to exercise our freedom through our age-old tradition of SEDER. We are delighted that Mia Zimman will be leading our Seder. Jo-ann Rosen and Janae Stephens will be organizing it and we will all be co-leading the Seder.

We will be carrying on our tradition, keeping it creative and speaking to the times that brings forth the power and spark in each one of us.

To that end, we are excited to invite you to help us co-create and celebrate the traditional order of the seder: food, blessings and song Balanced with the mitzvah of continually evolving a seder that is relevant to the times and meeting the needs of the entire community. How will we attempt this? (really the spirit of the 4 questions).

You are cordially invited to attend our Kol HaEmek Community seder that will take place at our Redwood Valley Shul starting at 4 pm on Sunday, April 9. This year the seder will be a collage of offerings, following the traditional order. We are asking those of you who would be willing to take on a part that moves you to let us know. If you are a traditionalist, you might want to offer one of the blessings in Hebrew. (Don't know Hebrew but want to try? We'll provide the needed support!). Want to branch out and express a particularly important part of the seder in a new and different way, bring it on (poetry, song, dance, interactive expression, the sky's the limit!)

**HERE ARE THE PARTS OF THE SEDER.** If you'd like to offer to facilitate a part (and perhaps create an interactive, experiential aspect) contact Jo-ann (see contact info below) with the part you'd like. She'll get back to you with the particulars. You might want to put a second choice just in case more than one person wants to offer the same part:

Seder means order. There are 15 parts that tradition dictates for our celebration. They are:

- 1. KADESH a blessing over wine. (4 opportunities, one for each cup)
- 2. URCHATZ ritual washing of hands without the usual blessing
- 3. KARPAS eating some leafy greens or green vegetables
- 4. YACHATZ raising up and breaking the middle Matzah
- 5. MAGGID
  - Telling of the Passover Story
  - The 4 questions (to be reserved for the youngest among us)
  - The Plagues
- 6. RACHTZH ritual washing of hands before eating
- 7. MOTZI the blessing over bread and the meal
- 8. MATZAH the blessing over the Matzah, emphasizing the special nature of eating Matzah
- 9.MARROR—eating bitter herbs
- 10.KORECH—eating a sandwich of matzah,

bitter herbs and charoset

- 11. SHULCHAN ORECH the festive meal. (We'll all sign up for that one!)
- 12. TZAFUN eating the Afikomen
- 13. BARECH grace after meals
- 14. HALLEL singing psalms of praise
- 15. NIRTZAH conclusion. (Closing words from MIA)

**AND WHAT ABOUT THE FOOD?** Well, we're going out on that same limb of balance between creativity and tradition. Janae will be orchestrating a traditional feast as you each put in your own special flare (or not!).

Our Seder/feast will be vegetarian. We hesitate to call it a potluck since we will be asking you to choose something from a list to ensure we have all the foods covered. If you would like a recipe, please ask. Some of the foods we will be asking folks to provide are:

- Seder plates (several so we can have one on each table)
   Appetizer plates (veggies that people can munch on during the beginning of the seder)
- 2. Charoset enough for everyone
- 3. Vegetarian Matzah ball soup (with matzah balls made separately so we can have traditional and gluten-free available)
- 4. Main Dishes (we will have a list of suggested main dishes to choose from or you can offer a suggestion)
- 5. Side dishes (Vegetable dishes, potato dishes, etc.)
- 6. Salads
- 7. Desserts

The Passover dietary rules restrict the use of grains that can ferment and become leavened. These grains are wheat, barley, spelt, oats and rye. During Passover, people may only eat unleavened grains. Wheat flour is permitted only if it is baked into Matzah (unleavened bread). Please contact Janae (contact info below) and let her know what dish would like to bring. If you would like some suggestions for recipes, just let her know. We will have room for approximately 40 number of people at the Shul so please respond as soon as you can

We look forward to having you join us for this year's Pesach SedePesach

Contact information. To reserve a space at the Seder call or text Janae at 707-354-2035 or email her at <a href="mailto:janae.k.stephens@gmail.com">janae.k.stephens@gmail.com</a>. Please let her know:

- o How many people in your party (indicate if there are children attending and ages)
- o What food dish you would like to bring
- o Best phone number and email address. Please indicate if you text.
- Please note that Janae is on vacation until March 10<sup>th</sup> so if you do not hear back right away, please be patient.
- To offer facilitation of a part of the Seder, please email Jo-ann Rosen at joannrosen@gmail.com.

### The Levy's of Monticello by Vicki Patterson

In February, we celebrate President's Day in a way that has little to do with Jewish American history. But a new film by film maker and former journalist, Steven Pressman, shows the impact of the Jewish Levy family in preserving the famous home of Thomas Jefferson – Monticello. Jefferson built Monticello in 1772 as his family home. During his presidency from 1801 to 1809, he spent months there every year. Despite his love for the place and its contents of art, scientific instruments and books, by the 1820's Jefferson ran out of money and could not afford its upkeep. He died in 1826 with millions of dollars in debts and Monticello was sold in 1831. Sold again and left to deteriorate further, it was finally purchased by an admirer of Jefferson's –Uriah Phillips Levy- for \$2,700. Levy was a fifth generation American who had a fifty-year career in the U.S Navy. He was the first Jewish Navy Flag Officer, a hero of the War of 1812 and the first Jewish Commodore, remarkable achievements given the anti-semitism of the period.

Levy admired Jefferson for his stand on religious freedom. In a time when Jews were persecuted for their beliefs, he regarded the religious freedom of America as a supreme gift. And in an attempt to honor that legacy, his protection of Monticello is the first recorded example of historic preservation. Levy maintained and preserved Monticello without remodeling it. Uriah's mother, Rachel Phillips Levy, came to live with him and died there. She was buried on the property but her grave went untended and unnoticed for decades until 1985 when the Thomas Jefferson Foundation recognized the contributions of the Levy Family to the property.

During the Civil War, the Confederacy confiscated the property because Levy was a Union supporter. He tried to regain it but was ultimately defeated. His brother, Jonas Levy, a Confederate supporter took it over.

In 1879, Uriah's nephew, Jefferson Levy bought out the other heirs for \$10,500 for a completely ruined property. He was a New York investor and Democratic member of Congress and spent over a million dollars of his own money into restoring and conserving Monticello during the 44 years he owned it. He opened the home to the public and invited many dignitaries to enjoy it.

Despite his efforts to maintain the historic property, anti-semitic sentiments pursued him. A Congressional wife, Maud Littleton, created a national furor to remove Monticello from the private possession of the "alien" and "oriental" Levy. This continuing anti-semitism took its toll on the Levy family and he sold Monticello in 1919 to the Thomas Jefferson Foundation for \$500,000.

Steven Pressman discovered the Levy story first through books written by friends of his but delved deeper into the family's history and efforts to conserve the property. He consulted archival images, interviews, letters and other memorabilia. Incorporating all his research into the film. He uses their story to lost to examine the antisemitism Jews faced in America. Uriah Levy owned slaves and this fact clashed with their emphasis on freedom – religious freedom only. So the film raised many questions. The Levys' connection to Monticello was history but Pressman's film documents their critical connection to this historical landmark as well as why the family's role in its preservation was hidden for so long. The Levys' were among the first Jews in colonial America. The Sephardic family descended from Zipra Nunez, the daughter of Samuel Nunez, a medical doctor who was one of a small group of Jews who arrived in Georgia in 1733 fleeing Portuguese persecution. As Pressman says, "You can't get more American than the Levy's, yet they, as Jews, were dismissed as aliens and outsiders. I wanted to make a film with a narrow focus on the personal experience of a single family but also a broader focus on the Jewish American experience.

You can watch a trailer of the film on You Tube as well as a talk by Pressman about the film, "The Levys of Monticello

## Nosherye (Little Bites) by Vicki Patterson

Celebrating Hanukah in 2022 for the first time in 30 years, the state of Montana's first synagogue, Temple Emanu-El, closed in 1934, was bought back from the local Catholic Diocese and is now in service to Montana's Jews.

- "A Small Light" a new film in production will retell the story of Anne Frank from the perspective of Miep Gies, the former secretary of Otto Frank. A trailer about the film produced by National Geographic is available on You Tube.
- The New York Times of 2/25/2023 reports that the Codex Sassoon, dating from the 9th or 10th century, will be offered for sale by Sotheby's. It is the earliest example of a nearly complete codex containing 24 books of the Hebrew Bible written on 400 sheets of animal skin from more than 100 animals by one single scribe. The original text, last seen in a Syrian synagogue that was destroyed in the late 13th or early 14th centuries, disappeared for 600 years. It resurfaced in 1929 and subsequently found its way into the hands of private collectors. It is the earliest example of a Biblical text that is in a readable and understandable form. It is nearly complete, only missing the 10 books of Genesis. It will be offered for \$35 to \$50 million dollars making it among the most expensive manuscripts ever sold. The others were the Codex Leicester of Leonardo Da Vinci, bought by Bill Gates for \$30.8 million and a copy of the first published U.S Constitution for \$43.2 million.
- Slivovitz, the plum brandy originally from Serbia, has been termed a "intangible cultural heritage" by UNESCO. It became popular among Polish Jews who, during the 19th century, were prominent inn and tavern proprietors as well as distillers of alcohol. Slivovitz was kosher the dietary laws that govern grape –based beverages did not apply and, because it contained no wheat or other grain, it was perfect for Passover! It was also relatively inexpensive. Known as Sliwowica Paschalna or Passover Slivovitz, it was brought to the U. S. by Polish Jews and now American-made, it is marketed as a special drink for Passover seders. Having visited some tasting rooms in Romania with my sister, I can attest to its powerful punch first hand!

### Challah Bread Pudding

2 cups heavy cream; 3 large eggs; 4 tbsp sugar; 2 tbsp poppy seeds; 2 tsp vanilla extract; 1 tsp ground cinnamon; 8-10 thick slices of challah; 2 tbsp melted butter Heat oven to 350 degrees; whisk together cream, eggs, 3 tbsp sugar, 1 ½tbsp poppy seeds, vanilla, 3/4 tsp cinnamon. One slice at atime, dip bread in mixture, then stand vertically in a deep 9inch baking dish. Fill in hoes with cut-up pieces of dipped bread and pour leftover cream. Sprinkle remaining poppy seeds and cinnamon on top. Brush with butter and sprinkle with remaining sugar.Bake for 20 minutes, then broil on high for 1-2 minutes until top is slightly burned. Serve immediately. \*Enjoy!

\*But not for Peasach



# Kol HaEmek MCJC-Inland P.O. Box 416, Redwood Valley, CA 95470

Our purpose is to create an environment in which Jewish culture, religion and spiritual life can flourish, to perpetuate and renew our jewish connections with ourselves and our homes, within our

community and the world.

- To provide space for religious study and prayer.
- and sponsor Jewish education for all ages
- To be inclusive of all partnerships and family configurations
- · To include interfaith families and Jews-by-choice
- To network with other Jewish communities
- To educate and share our culture with other Mendocino County residents
- To be a foundation for Tikkun olam (healing the world)
- as a community through socially just actions and and by Mitzvot)

3

# Kol HaEmek Information & Resources (707) 468-4536

### **Board Members**

Sherrie Ebyam -President 530-414-1104 <ebyam@sbcglobal.net> David Koppel -Treasurer 707-485-8910 <davekoppel@yahoo.com Sara Esserman-Melville secretary 707-391-9244 < sesserville@gmail.com. Carol Rosenberg 707-463-8526 < carolrosenberg@pacific.net Nancy Merling 707-456-0639 <nancymerling@att.net> Victoria Patterson 707-467-1932 < patterson.victoria2@gmail.com> Janae Stephens 707-354-2035 janae.k.stephens@gmail.com Michael Nemeth 707-360-5466 nemethclan4@gmail.com

Brit Mila: Doctors willing to do circumcisions in their office or your home; Robert Gitlin D.O. (465-7406),

Chevra Kadisha (Jewish Burial)) Helen Sizemore (367-0250)

Community support: Willits, Divora Stern (459-9052), Ukiah, Margo Frank (463-1834)

Interfaith Council: Cassie Gibson (468-5351)

Rabbinical Services/Special Ceremonies are available; send your e-mail request to Sherrie Ebyam